

LONGDEN SCHOOL MENU- WEEK 1



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main	Tomato & Basil Pasta or Macaroni Cheese	Breaded Chicken Steaks with Katsu Sauce 50/50 Rice or Pasta	Roast Chicken with New Potatoes or Roast Potatoes	Beef Steak Pie or Sausages Herby diced potatoes or Mashed potatoes	Fish Finger Bap Waffle Fries or Pasta
Side	Petit Pan Mixed Vegetables Mixed Salad	Mixed Vegetables and Mixed Salad	Yorkshire Pudding Cauliflower Cheese Mixed Vegetables & Gravy	Beef Gravy Selection of Veg	Baked Beans and Mixed Veg
Dessert	Shortbread Selection of fresh fruit, fruit pots and yoghurts	Sugar Free Angel Delight Selection of fresh fruit, fruit pots and yoghurts	Sugar Free Jelly Selection of fresh fruit, fruit pots and yoghurts	Mini Blueberry or Chocolate muffin Selection of fresh fruit, fruit pots and yoghurts	Mini Chocolate Eclair Selection of fresh fruit, fruit pots and yoghurts



Available Daily: Healthy Side Salad, Yoghurt & Fresh Fruit Pots
Vegetarian options are available upon request- Please speak to the school office for more information